

Professional Growth & Advancement: Support For Becoming Your Best Therapist Self



In-person group meeting
the first Thursday of each
month 11am-12:30pm.

Cost: \$80/session



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Join a group of professional therapists where you can explore and share the challenges of bringing your full self to your work. From clinical issues to personal self-care, this group offers a supportive place to reflect on both the personal and professional. Through meaningful interactions and structured exercises, I will invite exploration and processing within safety, making room for welcomed feedback. This group doubles as a supervision group for those needing licensing hours. Group members range from new clinicians to seasoned professionals and is limited to 8 licensed or pre-licensed therapists. Come expand your skillfulness and thrive in your work.