



Expand your reach

Add Group Therapy

to your practice

Add group work to your professional skill set.

- Offer your clients the benefits of increased social support, relational skill building and practice, trust and intimacy exploration.
- Learn the ins-and-outs of running successful groups (group design, marketing, screening clients, keeping full, managing challenging clients, dealing with disruptive behavior in groups).
- Identify the specific types of group experiences that would be ideal for your practice (short courses, psycho-educational training groups, time limited and open-ended process groups).
- Learn and practice the skills of an effective group leader in a supportive environment.
- Learn how to communicate expectations and guidelines to group participants.
- Explore ethical issues that arise in group work.

As a result of this training you will be able to:

- Build a larger client base.
- Enhance your professional reputation.
- Add variety to your clinical services.

When: October 17-19, 2025

Friday, 6pm - 8pm

Saturday & Sunday, 10am - 3pm

CEU Certificate for 10 hours, includes
2 hours of Ethics

Cost: \$375 (\$275 for early career therapists)

Limited to 8 participants, allowing for personalized guidance and support. Meeting in person.

Contact: Elsbeth Martindale, PsyD

elsbeth@elsbethmartindale.com

elsbethmartindale.com